

The Quaker Hill Quill

November 2008

Annual Community Association Meeting

Mark your calendars! The annual Quaker Hill Community Association meeting will be held December 2, 2008, 7:00 p.m., at the community clubhouse located next to the pool. This is an opportunity to meet Board members, greet your neighbors, and discuss important issues. Two Board positions are up for election; each serves a three-year term. Residents interested in serving as a Board member should contact Northern Virginia Management (NVM) to get the required candidate forms.

If you are unable to attend the meeting, then please send in your proxy votes to NVM. A meeting reminder will be mailed to all homeowners in November. See you on December 2 and remember to vote!

Leaf Collection

As part of the community's contract with Professional Grounds, town-home leaf removal will be done once between November 1 and December 31. Please consider using leaves to mulch your flower beds and other shrub borders. This contributes to the natural replenishment of soil nutrients and provides winter protection for shrubs and perennials.

Alexandria Refuse Collection Policy

Wondering what you can put in your trash receptacle? Visit www.alexandriava.gov and click on "Transportation and Environment Services, Solid Waste Division. The website provides a calendar to track those tricky trash schedules during a holiday week, recycling tips, and information on hazardous waste disposal, including drop-off locations. Hazardous materials include household cleaning products, batteries, ant bait traps, and many other items.

Generally, the household items listed below are **not** acceptable for disposal on regular refuse collection days.

- Liquid materials
- Unbundled lumber, branches, or wood
- Rocks, dirt, sand
- Loose yard waste
- Bricks, concrete, drywall
- Broken glass
- Hazardous materials

Recycling in the City of Alexandria

The City of Alexandria recently announced a more extensive list of materials that can be recycled curbside. The following items can now go in the yellow bin!

- Plastic yogurt and sour cream tubs (no deli or clam shell containers)
- Plastic peanut butter jars
- Plastic flower pots, buckets, and pails
- Aluminum foil and trays
- Non-metallic gift wrapping paper
- Bagged plastic film (grocery bags, shrink wrap, dry-cleaner bags, bubble wrap and other flexible plastic packaging, all contained within one tied-closed bag)
- Table-top milk and juice cartons

Check out the "Yes/No" recycling poster on the City's website (noted above). You may be surprised to find out that you can't recycle old pizza boxes and take-out food containers. Also, you should rinse out food and liquid containers; the leftover food attracts rodents and can contaminate other recyclable material.

Did you Know?

The City of Alexandria collects 20,000 cubic yards of leaves each year.



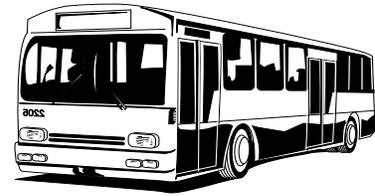
Trash Disposal

Residents of single-family detached homes and townhomes are reminded that trash containers may not be placed outside earlier than 5:00 p.m. on the evening before collection and must be returned to storage not later than 7:00 p.m. on the day of collection. Please put your trash can out of view on non-pick up days.

The regular trash collection day is Tuesday. During a week when Monday or Tuesday is a holiday, you may call the City's Office of Solid Waste at (703) 751-5872 or check the city of Alexandria Web site at <http://ci.alexandria.va.us> for information on trash collection.

TMP

Ever wonder what the Transportation Management Program (TMP) is? As a condition of approval for a multifamily development project, the City of Alexandria requires most communities



to participate in a city-wide program that promotes the use of mass transit. Part of our monthly assessment fee funds this program. As a bonafide resident of Quaker Hill, you are eligible to purchase certain mass transit media at a reduced price. The type of media, the pricing and how to obtain them are published in this newsletter. It is an excellent benefit of living in this beautiful community!

Transit media are available for half-price through the Quaker Hill TMP. The Program offers:

ITEM	COST TO YOU
\$20.00 Metrorail farecards (limit 3 per household per week)	\$10.00
Metrobus tokens (20)	\$13.50
Alexandria DASH pass (1 month unlimited rides)	\$15.00

You can place an order for these items in one of the following ways:

1. Call Northern Virginia Management at (703) 941-9002
2. Email Northern Virginia Management — NVManagement@erols.com
3. Send your order by mail to:
Northern Virginia Management
4306 Evergreen Lane, Suite 101
Annandale, VA 22003

Northern Virginia Management will send out your media, along with an invoice and stamped, return addressed envelope. Northern Virginia Management will honor resident's requests to mail media on a scheduled basis. For example, if a resident uses the Metrorail passes on a regular basis, then we can arrange to send the passes each week or every other week. Please note that all orders must be paid before subsequent orders can be processed.

Quaker Hill Community Association People You Should Know

Board of Directors

Sam Hayes, President
Susan Thomas, Vice President
Marjorie Stein, Secretary
Rose Gillespie, Treasurer
Ed Lacy, Director

Committee Chairpersons

Covenants: Sharon Crosby
Landscape: Vacant
Newsletter/Web site: Rose Gillespie

Clubhouse Telephone

(703) 823-1911/1912

Northern Virginia Management

(703) 941-9002
NVManagement@erols.com
4306 Evergreen Lane, Suite 101
Annandale, Virginia 22003
Effective March 1, 2006

The Quaker Hill Community Association Board of Directors meets at 7:00 p.m. on the fourth Thursday of every month at the Quaker Hill clubhouse. Association members who wish to bring an issue before the Board should write to the Board in advance c/o NVM, 4306 Evergreen Lane, Suite 101, Annandale, Virginia 22003, or call any Board member. Meeting date changes will be posted on the clubhouse bulletin board.

2009 Budget

The Board approved the 2009 budget for the Quaker Hill Community Association. Total operating expenses are projected to increase by approximately 5.3 percent. Thus, homeowner fees were raised slightly to keep pace with inflation and projected costs. The new fees are as follows:

Single Family Homes: \$69.26

Town Homes: \$76.76

Condominiums: \$54.50

Detailed statements and new coupon books will be sent to homeowners before the end of the year.

The Board also reports that interest income is expected to decline in 2009 because a portion of reserve funds (a certificate of deposit) were used to pay for pond dredging and retaining wall repairs.

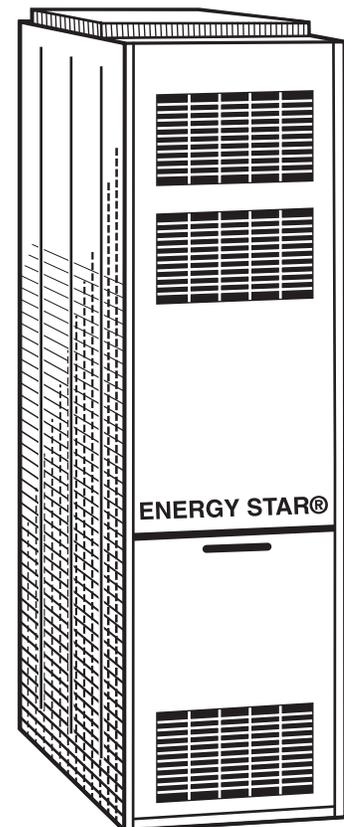
Financial Health of the Quaker Hill Community Association

Please be assured that the Quaker Hill Community Association is in solid financial standing. The Association has undergone a full audit, and reserve studies have been completed to ensure that the community can meet its financial needs. Moreover, the Board invests in conservative funds, such as certificates of deposit.

Energy Saving Tips

- Set your thermostat comfortably low in the winter. Install a programmable thermostat that is compatible with your heating system.
- Use compact fluorescent light bulbs.
- Air dry dishes, or use your dishwashers drying cycle sparingly.
- Turn off your computer and monitor when not in use.
- Plug home electronics, such as TVs and DVD players, into power strips; turn the power strips off when the equipment is not in use.
- Lower the thermostat on your hot water heater to 120 degrees F.
- Take short showers instead of baths.
- Wash only full loads of dishes and clothes.
- Drive sensibly. Aggressive driving (speeding, rapid acceleration, and braking) wastes gasoline.
- Look for the ENERGY STAR® label on home appliances and products. These products meet strict efficiency guidelines set by the U.S. Environmental Protection Agency and the U.S. Department of Energy.

For more information on saving energy, visit www.energysavers.com.



Did you Know?

Approximately 500 cubic yards of dredged material were removed from the pond in July. This amount of dredged material (at 3 feet wide x 3 feet high) would stretch nearly one-third mile. In addition to the dredged material, several unusual items were recovered from the pond: bicycles, a patio umbrella, children's toys, trophies, and an unfortunate amount of trash such as cans and bottles.

The water is noticeably cleaner, and the storm-water retention capacity of the pond has been increased. With decreased construction in the area, the pond probably will not need to be dredged for another 15 to 20 years. Please keep our pond clean.

Pumpkins for your Health

The pumpkin is emblematic of fall and the oncoming winter season. It usually appears on our tables only during the holidays, but there are several reasons you should consider adding pumpkin to your diet year-round. Apart from being chock full of fiber, pumpkins contain vitamins C, E, and K; potassium; beta-carotene; and lutein.

There are many delicious and nutritious pumpkin dishes, many of which are available all year long, including pumpkin bread and muffins, pumpkin rolls, and pumpkin casseroles. You can even add roasted pumpkin seeds to salads or soups. Pumpkin seeds, also called pepitas, are loaded with minerals and are high in zinc and essential fatty acids. Because of their high oil content, pumpkin seeds go rancid fairly quickly, but if properly vacuum-sealed and frozen they may be kept for several months.



Tips for Keeping your Christmas Tree Fresh

- Take a thin slice off the bottom of the trunk and place the tree outside in a bucket of water in a protected place. Leave the netting on.
- When you're ready to put the tree up, cut the trunk again and place the tree in the stand.
- Bring it into your house and fill the tree stand with water that is 180 degrees (use a meat or candy thermometer), and then remove the netting.
- Water the tree daily. Christmas trees are like sponges.

Volunteers Needed

Interested in participating in our community? Volunteers are needed to chair the Landscape Committee and to help on the Covenants and Newsletter Committees. As noted earlier, two Board members are up for election. Please contact NVM if interested in volunteering on a committee or as a Board member.

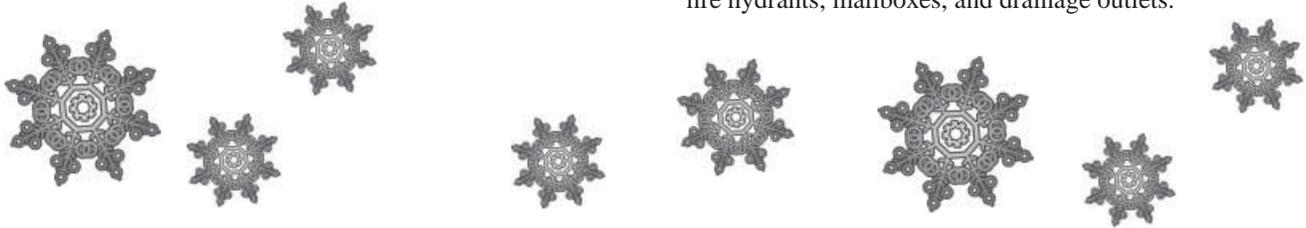
Pool Wall Repair

As a follow up to the engineering study, bids are being sought for the repair of cracks in the pool retaining wall and the pool deck. The pool deck will be resealed along the outside edge where it meets the retaining wall. "Honeycombed" cracks will be repaired, and the vertical cracks will be grouted.

Let It Snow, Let It Snow, Let It Snow!

Emery Snow Removal, Inc has been hired to remove snow on private streets in our community (Quaker Hill Court, Quaker Hill drive west of the clubhouse, and Dartmouth Court). Ellsworth Street, Dartmouth Road, and Quaker Hill Drive in front of the condominiums are cleared by the City of Alexandria.

Snow removal will be done when the snow accumulates two inches or more. Sand and salt are used as conditions dictate. Emery will also remove snow from the sidewalk on the north side of the pond. Please be aware that homeowners are responsible (and liable) for the sidewalk areas in front of their homes. Be a great neighbor and help clear the areas around fire hydrants, mailboxes, and drainage outlets.



Happenings in Alexandria

Scottish Christmas Walk

Enjoy Alexandria's annual Scottish Christmas Walk on December 5. The parade will feature more than 100 clans dressed in traditional garb, fife and drum corps, and, of course, Santa Claus. The parade, which begins at 10 a.m., winds its way through the streets of Old Town.

Other Scottish Christmas Walk events include a Christmas marketplace and heather/greens sale, a children's tea party, and a Celtic concert. These events are located at the George Washington Masonic Memorial from November 29 to December 1, 10:30 a.m. to 4:00 p.m. Visit <http://www.scottishchristmaswalk.com> for more information about these events.

First Night Celebration

First Night celebrations have become more popular with each passing year. The City of Alexandria has sponsored First Night celebrations since 1994. This year is no exception. First Night is an alcohol-free family-oriented event that features more than 70 acts at 40 venues. At midnight, spectacular fireworks are set off at the George Washington Masonic Memorial.

Parking is free and free shuttle buses will move you from one performance to another all evening long. A map of venues/events is posted at www.firstnightalexandria.org.

Ticket costs are:

Children (12 years and younger): free

Adults: \$12 (online purchase by December 25)

\$15 (retail outlet purchase by December 25)

\$17 (online purchase from December 25 through December 28)

\$20 (retail outlet purchase from December 26 through December 31)

Want to view past issues of our newsletter? You can find them at www.QHCA.org.

Quaker Hill Community Association
c/o Northern Virginia Management
4306 Evergreen Lane, Suite 101
Annandale, Virginia 22003



Happy
Thanksgiving